

# Les Chabotteries

*Association des Chabot*

*N° 41 Winter 2017*

## *The 10th anniversary of the Association des Chabot*



*On September 24th, we celebrated the 10th anniversary of the founding of the Association des Chabot on the enchanting site of the winery of La Halte des Pèlerins in Sherbrooke.*

The Chabotteries is a quarterly newsletter published by the Association of Chabot.

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## Message from the President



Dear member,

On September 24, we celebrated our tenth anniversary of the Chabot Association.

It was by a beautiful and warm day that was held at LA HALTE DES PÈLERINS INC. in Sherbrooke our the last brunch of Chabot.

Our gathering wa a success. The meal, prepared by caterer RECEPTION 108, was delightful, thereafter the general meeting was held effectively. We took the opportunity to thank Claude Chabot the founding president, and all those who, from the beginning, have served of the boards of directors and committees for the Association des Chabot.

I wanted to highlight the departure of Mr. Viateur Chabot who was our treasurer and I thank him for his good work. I also warmly thanked the other members of the board of directors: Claudette, Clément and Jean-Louis for their constant collaboration and support. A new member has joined the board of directors for a two-year term, Alain Chabot to whom I wish a cordial welcome.

Sixty-eight people were present at the party. We had the pleasure of being with us. Jacques and Geneviève Chabot from the LA HALTE DES PÈLERINS INC., came to talk to us about their winery and Claude Chabot, the founding president, told us few words and without forgetting Father Gilles Chabot who offered us a guided tour of the Beauvoir's Sanctuary.

We would also like to thank our volunteers: Adrien Leblanc, François Pard and Diane Chabot Pard, Hélène Chabot, Clémence Beaumont, Diane Bouffard and Yvette Chabot, it would have been unthinkable to offer you this beautiful day.

Congratulations to the winners of the one-year subscription draw. Lorraine, Lynn Chabot-Long, Leonard, Dave and Sylvie, they are all Chabot.

We invite you to visit our revamped website. Take advantage of your visit to subscribe to the newsletter. We will strive to keep it up-to-date and add new information and news for our members. You can now renew your membership directly on the site.

Holiday Season is an opportune moment during the year to gather and celebrate with relatives and friends, to visit those we have lost sight since a while and / or to reach out to the poorest and most disadvantaged of our society.

The Board of Directors and I take this opportunity to wish you and your family a happy holiday season and may the New Year brings you health and happiness.

Maryo Chabot Tremblay

*The holiday season is upon us!*

**Are you wondering what to offer, as a gift, to one of your relatives ? why not offer him a one year membership of the Association des Chabot! (\$25 in Canada or \$35 USA) Following your one-year membership, you will receive 4 issues of the magazine Les Chabotteries, your membership card and genealogical help to dress up your family tree. We also have promotional items that you could offer in the colors of the Chabot's coat of arms Visit our website**

**<https://association-chabot.com/en/>**

**Be proud to be a Chabot  
subscribe now!**

## Sophie Chabot, an unusual path (2nd part)

Sophie Chabot is my grand-niece. Her journey in life has been impressive. So I thought it would be interesting to narrate its major stages in the magazine Les Chabotteries. She kindly and generously agreed to answer my written and oral questions. Here is a summary of her answers

Marcel Chabot



My doctorate completed, I needed to find myself, to find who I was and what I wanted to do with my life. So I embarked on a year-long quest. I went on a journey with only a backpack, starting in Amsterdam, then going to Berlin in Germany. Then I traveled through several countries, including the Czech Republic, Hungary, Turkey, Cyprus, Israel, Egypt, Kenya, and finally Tanzania, the cradle of humanity, where the human adventure began. It was only when back in Canada that I became aware that this long quest had finally brought me back to myself, to whom I was, and especially to my spiritual life.

In Tanzania, I volunteered in a bush hospital to set up a diagnostic laboratory. My life over there transformed me. Africa moved me. I wanted to save people, but I think it was them who saved me. They taught me happiness, fraternity, community spirit and hope. My contribution will have been to connect the inhabitants of Shirati, where I lived, to the rest of the world by having the first Internet connection in the village installed, and to allow some of the children to learn, including Sophy Makoyo, a little neighbour orphan, that I still sponsor today. By the end of 2017, Sophy will graduate from law school and become a lawyer. I am very proud of her.

When I returned to Canada, I created the MAMA-Africa Foundation, a charity that still exists today and is now working in Zimbabwe. It was simply done. The initiative I had taken to send Sophy to school had a snowball effect. Other people wanted to do the same. When I was asked if I was giving tax receipts, I went to two other co-founders, Catherine Boileau and Claude del Chiappa, to register the foundation as a charity. It has helped hundreds of children in Tanzania until the day when corruption plunged into our activities. I then ended the program.



Sophie with Tanzanian children during her stay in 2000

I came back from Africa with the clear idea of saving lives. The AIDS epidemic was wreaking havoc in Tanzania. I had seen too many girls suffering from AIDS in Tanzanian hospitals, too many orphans in the streets, I had attended too many funerals, and I shared the misery of people I loved. One thing was obvious to me; I wanted to develop a vaccine. Dr. Brian Ward, Chief of the Department of Infectious Diseases at McGill University, offered me this opportunity and I took it. So I started my first post-doctoral degree. I had a mandate to lead a team of students and research assistants. I was working on the modes of action of vitamin A and at the same time I was studying the antiviral activity of African medicinal plants, while devoting myself to the development of a measles vaccine, an intranasal vaccine that would offer a layer of additional protection for babies from birth. The project, funded by the Bill and Melissa Gates Foundation, was aimed at eradicating the disease from the planet.

2004-2008 - The opportunity to attend Harvard Medical School came after a meeting with a former McGill colleague. He talked to me about Dr. Marian Neutra who ran a lab at the Children's Hospital in Boston and that I could work with. He submitted my curriculum vitae to her and she contacted me four months later to offer me a second post-doctoral position and, later as a member of the faculty as an instructor, Marian was a real mentor to me. A strong-willed woman, she had succeeded in her life as a scientist, combining her role as teacher, mother and entrepreneur, for she had also founded a company. I learned a lot from her. She surpassed in professionalism and competence everything I had known. It was a very intellectually stimulating environment, where I had the chance to meet some very bright people who came from all over the world. I enjoyed teaching the anatomy of the human body and histology to first year medical students. It was very sad for me to give up teaching.



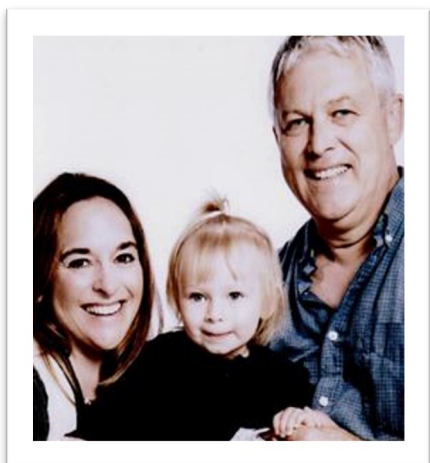
**Sophie and her parents Mr. Jean-Marie Chabot and Mrs. Marthe Fradette**

When I left Harvard, I was determined to find my roots and to get closer to my home region and my family. As a project-hungry woman, it was normal for me to think of setting up a business creation project to make use of my knowledge and my experiences. Medicinal plants were a unique object of research and development because, since they have been used for millennia, I could hardly go wrong. My plan was to create a comprehensive health concept based on the use of medicinal plants, as they have an overall impact on the body.

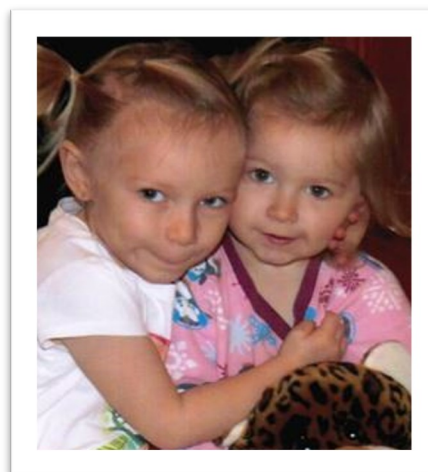
During the first year of *JustBio*, in 2008, I started a project on the cultivation of Stevia (a sweetener-producing plant) in collaboration with an agronomist from La Pocatière. He quickly put me in contact with the Centre de développement bioalimentaire du Québec, which had laboratory equipment. I had the opportunity to set up a real research laboratory by renting this equipment. This arrangement suited me. So I started a fundraiser to fund the project and form a team of four researchers who would help me complete the studies for three patents for the company. The first products were launched in 2015 through an online store ([justbio.ca/boutique](http://justbio.ca/boutique)).

Business partnerships are currently underway for the international marketing of the products.

Finally, a little personal touch: I met my spouse, Daniel Darveau, in Saint-Jean-Port-Joli where I have lived for 7 years now. Motherhood came late for me, as they say, having experienced maternity at the age of 39 years. My two daughters, Margot and Lea, are undoubtedly my finest creations. They fill this mother's heart and I love being their mom, because they are just great. I will strive to be a female model for them and to guide them, to the best of my abilities, through the different stages of the life of Sophie Chabot



**Sophie and her husband Daniel Darveau and their oldest daughter, Margot (2 years)**



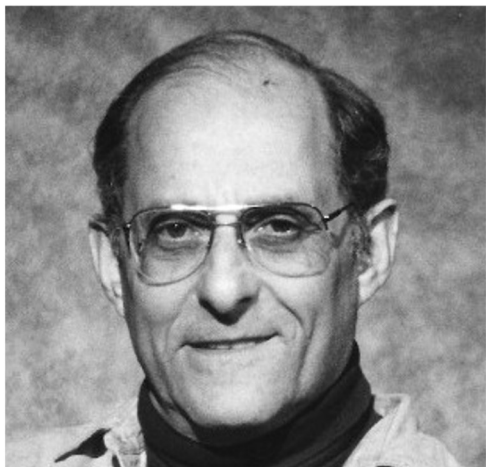
**Sophie's little treasures: Margot and Lea Chabot-Darveau**



**Sophie with her parents Mr. Jean-Marie Chabot and Mrs. Marthe Fradette receiving the grand prize of the Quebec Entrepreneurship (CQE)**

***Sophie Chabot, membre 223***

## *Jerry M. Landay, an inspired man*



Jerry M. Landay (ne Jerome) is born August 1st 1929 in Tarentum, Pennsylvania USA, son of Saul and Rose Landay, both native of Russia. He was married to Sandra Jean Chabot, which was the daughter of Willard F. Chabot and Mary Ellen Boutin, born in Chicago, Illinois, USA.



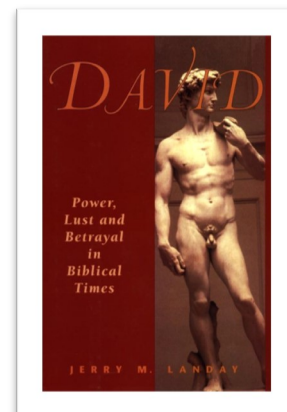
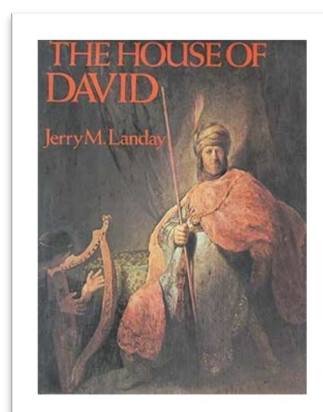
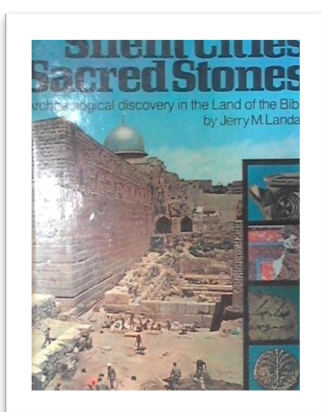
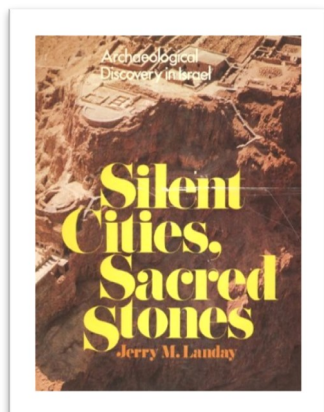
Sandra Jean (Chabot) Landay is a musician, a teacher of voice in Bristol and at the Portsmouth Abbey School of Portsmouth, Rhode Island.

He was the valedictorian of his class at Tarentum High School and magna cum laude graduate of Syracuse University.

Jerry M. Landay had a well filled life and we shall make a short review of this man of many talents and which who began his career as journalist but he also been a fine-art photographer.

Jerry spent most of his career in journalism, first as a reporter at KDKA, Pittsburgh, and served as news director at WBZ, Boston. He went on to work as Westinghouse Broadcasting Co.'s chief foreign correspondent, covered the White House during the Watergate scandal for ABC News, was an editor for the Week in Review of the Sunday New York Times and then joined CBS News as a radio and television correspondent.

He authored books on the history and archeology of the Middle East, and wrote numerous pieces on the media and politics for the Providence Journal, The New York Times, Washington Monthly, the London Telegraph, the Times of London, and many other prominent publications.



He has written on media, communications, and political issues for The Providence Journal, Washington Monthly, TomPaine.com, The Christian Science Monitor, Southern Exposure, The Nation of Change, USA Today, The Octopus, the Miami Herald, The London Telegraph, The London Times, The New York Times, The Chicago Tribune, TV Quarterly, Film Quarterly, Illinois Quarterly, The Columbia Journalism Review, Publishers Weekly, Current, Electronic Media, the Champaign News Gazette, and the Champaign-Urbana Octopus.

He was commissioned by American Express in 1985 to write and produce

"*The Invention Factory*", a TV bio-document on the life of Thomas A. Edison

(American inventor, founder of General Electric and pioneer of the electricity) which is currently shown to visitors to the Edison National Historic Site in W. Orange, New Jersey.

Beginning in 1988, Jerry taught journalism at the University of Illinois until his retirement as a professor emeritus in 1999 and moved to Bristol two years later until his death August 1st 2013.

Jerry M. Landay was a loving husband and father, proud of his three children: Jonathan, Woodrow and Stephanie. He was a seeker of knowledge and of social justice.

References:

<http://www.nationofchange.org/jerry-m-landay-1314986527>

[http://en.wikipedia.org/wiki/KDKA\\_\(AM\)](http://en.wikipedia.org/wiki/KDKA_(AM))

<http://www.eastbayri.com/obituaries/jerry-m-landay-83-bristol/>



*Diane Chabot Pard, member 09*



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## The Chabot skate in their backyard



### Rink in the courtyard of Laurent Chabot: Laurent, Frederique and Samuel

The resident's first skating rink in Saint-Constant was just large enough for his two children to learn to skate and play hockey.

As a parents, we fight against a very powerful enemy in video games and social networks. I decided to give my children something even more powerful to do, but outside.

Laurent Chabot

The resident's first skating rink in Saint-Constant was just large enough for his two children to learn to skate and play hockey.

Today, its 5.4-meter (18-ft) by 15-meter (50-ft) ice covers a large part of the yard. Adults and children can indulge

in their favourite winter activity.

"We did not go out much during winter, as compared to summer, and I wanted my children to have access to something that was simple, considering the amount of time available," he says. "There is an ice rink near us, but it almost becomes an expedition when we go," he adds, referring to the equipment he has to carry.

He also feels that his children were more fearful of learning to play hockey on a public rink with older children. "They do not feel intimidated here, they do not have stress," he says.

### Mother Nature decides

"Winters follow each other, but each is different, depending on the weather. The rink follows the same cycle. Last year, I started preparing it after Christmas because of the warm weather," recalls Mr. Chabot. This winter, with its freezing rain and warm periods, gives dad a hard time. "The ice covered the snow on the ice. I had to make a hole in the rink to fill the snow with water," he explains.

"But when it is below freezing at night, there is no maintenance to do, except removing the snow," adds Mr. Chabot.



### His reward

The father feels that his efforts are worth it.

It takes time, but you can enjoy it for at least an hour every night," he says. Every time someone comes to us, they brings their skates! You can play hockey with family and friends. That's my reward. "

### 5 steps to create your own ice rink

1. Prepare the soil The soil must be as level as possible. Care must be taken to ensure that there are no sharp objects on the ground.
2. Install a canvas During the first frost, in late fall, lay on the grass a canvas the size of the future ice rink. Mr. Chabot suggests putting some water on the canvas to fix it.
3. Initial watering When night-time temperature is -8 degrees Celsius or below, water the surface, adding about two inches of water at a time.
4. Maintain the surface Once the ice is solid, it is not necessary to water it too often. Mr. Chabot proposes to do it once or twice a week.
5. Create your own Zamboni To create your Zamboni and get a perfect surface watering, Laurent Chabot suggests to put a bath towel on the end of the garden hose and slide it on the surface.

Laurent Chabot and Isabelle Pilote, on their motorcycles, are passionate people. After a winter of hard work dedicated to their rink, why not reward themselves with well-deserved bike rides in the summer!

#### A little genealogical background of Laurent's family.

Laurent Chabot was born on 06/05/ 1967; he is the son of Leopold Chabot and Denise Lacombe: He got married to Isabelle Pilote, born on 10/01/1972, daughter of Jacques Pilote and Laurette Mc Fadden, on July 5, 2003. They have two children: a daughter Frederique, born 03/31/2004, and son Samuel, born 11/03/2006. Laurent's sisters and brothers: Carole, Guylaine, Yvon, Guy and Gilles.



Reference: [http://www.lereflet.qc.ca/les-chabot-patient-dans-leur-cour/Audrey Leduc-Brodeur audrey.leduc-brodeur@tc.tc](http://www.lereflet.qc.ca/les-chabot-patient-dans-leur-cour/Audrey_Leduc-Brodeur_audrey.leduc-brodeur@tc.tc)

© Photo TC Media - Denis Germain

Maryo Chabot Tremblay (275)

## Tania Chabot, a young entrepreneur



Tania Chabot is the daughter of Richard Chabot and Yolaine Caron; she has two brothers, Larry and Raphael, and a sister, Daisy. Tania was born in Sainte-Germaine-Boulé in 1981. She studied to become a kinesiologist.

Tania Chabot is a young entrepreneur who has managed to turn her passion into a livelihood by creating Kine Tonus, a fitness company that offers multiple training services for individuals, groups of friends, office employees and businesses.

### Speaker

In February 2015, she gave a lecture “Act to change your life” which tells about her career as a kinesiologist. Through her experience, Tania wants to inspire people. She can prove that

with will and conviction everything is possible. Following her collaboration with Chantal La-croix and Jimmy Sévigny, and influenced by their experiences, she found the courage to set up this conference and to dare to share it in order to get people to take action.

### Kane Tonus

Kiné Tonus, the company she founded, wants to renew how people train in Abitibi-Témiscamingue. The purpose of the company is to develop and offer group classes, outdoor and indoor, that are different from what is usually offered. Kiné Tonus also wants to make kinesiology services accessible by offering home and workplace services.

Physical fitness assessment, private and semi-private training, expert advice for the development of fitness rooms in the workplace and workshops and conferences on the prevention of musculoskeletal injuries are also offered.

The Kiné Club (a racing club) was also created to meet the growing demand for running.

The owner, Tania Chabot, has a degree in kinesiology and has over 15 years of experience in the field of physical activity. She is also sales representative at Larouche Bureautique.



To find out more about Tania consult the following addresses:

<http://cldabitibi.com/HISTOIRE/24>

<https://www.facebook.com/KineTonus>

Maryo Chabot Tremblay (275)



# Mini-album souvenir





## *Interview with Catherine Chabot*



MCT - Tell us a little about yourself . Were you born here in Beauce Regional County?

CC - Yes, I grew up here, between Saint-Georges and Saint-Côme. In fact, most of my family lives in the area.

MCT - What are the names of your parents?

CC - My parents do not want to be named.

MCT - Do you have brothers and sisters?

CC - I only have one brother, Gabriel.

MCT - Tell us about your family

CC - My father owns a business in the area, while my mother works in Saint-Côme. My brother joined the Canadian Forces a little over a year ago.

MCT - Where did you go to primary school?

CC - At Kennebec School, in Saint-Côme.

MCT - Where did you go to high school?

CC - At the Polyvalente Saint-François, in Beauceville.

MCT - At which CEGEP did you continue your studies?

CC - At CEGEP Beauce-Appalaches, language courses.

MCT - At which university will you continue your studies?

CC - I will continue my studies at Concordia University, in English literature and in the study of religions.

MCT - Do you intend to get married?

CC - No

MCT - Do you want to have children someday?

CC - No, I would prefer to prioritize my career and my relationship.

MCT - What profession do you plan to do?"

CC - Teacher of English Literature.

MCT - You are trilingual, I believe

CC - Yes, so far I speak French, English and Spanish, but I would like to learn at least three more languages to facilitate my entry into the labor market where trilingualism is common.

MCT - Where you get the taste for volunteering?

CC - I've been volunteering since I was 11 years old. I believe, what brings someone to give of themselves depends very much on their passion for the cause they volunteer for. For example, I am fascinated by foreign languages and cultures, which my volunteering in "francisation" allowed me to explore from a very exceptional angle.

MCT - What was your involvement in the "francisation" class where you volunteered?

CC - In short, I was assisting the teachers who were responsible for the course. My tasks were therefore very varied, ranging from personal mentoring to formal teaching. I also had the chance to create a course on Quebec culture with a colleague.

MCT - Why did you choose to help immigrants?

CC - Helping immigrants helps everyone. By facilitating their integration, the barriers to connecting communities are reduced and, in doing so, future generations are given the opportunity to grow up in an open and secure environment.

MCT - What is your best memory as a volunteer?

CC - There are many, but my fondest memories come from the success of students. For example, I had the pleasure of attending a graduation ceremony where a student was rewarded for the efforts he had made to successfully complete his studies while working six days a week and had to study at least an hour a day to complete the course on time.

MCT - Is there another cause that is important to you?

CC - The cause that most interests me is the protection of the environment. We are the only living beings that can have an impact on our planet and it is about time that we used this power.

MCT - Which sports do you practice?

CC - I do yoga and hiking.

MCT - What would be your wildest dream?

CC - Open an animal shelter.

MCT - Which country would you like to visit?

CC - I believe that Switzerland would be my number 1, because of its impressive landscapes.

MCT - Are you interested in genealogy?

CC - Yes, especially for its genetic aspect.

MCT - Do you know that there is an association of Chabot families?

CC - No



MCT - Would you like to be a member of the Chabot association?

CC - No, but maybe someday. Who knows?

MCT - You have a message for the Chabots.

CC - Continue working on the genealogy, I think it's important to know where we come from.

MCT - Finally, what would you say to young people today?

CC - Today more than ever, the world is yours if you know how to be part of it.

Ms. Chabot, the Chabot Association thanks you for giving us this interview, we congratulate you for your volunteer work.

To find out more about Ms. Catherine Chabot, click on the following links:

<https://www.leclaireurprogres.ca/actualites/societe/2017/6/14/une-etudiante-du-cegep-aide-les-immigrants-a-sintegrer.html>

<http://www.enbeauce.com/actualites/societe/314805/une-etudiante-du-cegep-beauce-appalaches-aide-des-immigrants-en-francisation>



Maryo Chabot Tremblay (275)



*The Board of Directors wishes a very happy birthday to all their members, their spouses and parents, who have aged (or become younger!) by one year during the last quarter. Good health and long life to you!*

*The Board of Directors also offers its deepest condolences to those who have lost a loved one.*



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